



2024 SCOTTISH NATIONAL DANCE PREMIERSHIP STEPS

(RSOBHD “Scottish National Dances for RSOBHD Competitions and Scottish National Dance Premierhips” book published November 2020)

Note 1. Unless stipulated, any introduction may be danced. Male dancers must dance male introductions.

Note 2. Where applicable Male Dancers must dance male methods and use stipulated arms for males.

Note 3. The order of the steps **MUST** be followed as listed below, however, dances may be danced in any order.

| | 7 & under 12 years | 12 & under 16 years | 16 years & over |
|------------------------------|--|---|---|
| THE SAILORS' HORNPIPE | Introduction: Basic 1 st Step: Circle 2 nd Step: Shuffle Over The Buckle 4 th Step: Farewell (Turning on Bars 5 and 6) 16 th Step: High Cutting | Introduction: Basic 1 st Step: Circle 2 nd Step: Shuffle Over The Buckle 4 th Step: Farewell (Turning on Bars 5 and 6) 13 th Step: Inverted Toe-Heel in 2 nd Position 16 th Step: High Cutting | Introduction: Alternative with Break A 1 st Step: Circle 2 nd Step: Shuffle Over The Buckle 5 th Step: Scissors or Sailors' Buckle 13 th Step Alternative: Inverted Toe-Heel in 2 nd Position 16 th Step: High Cutting |
| EARL OF ERROL | Introduction: Basic (Males & Females – Bar 8 finishing on balls of both feet) 1 st Step: Circle and Point 2 nd Step: Double Treble 4 th Step: Balance 6 th Step: Single Treble | Introduction: Basic (Males & Females – Bar 8 finishing on balls of both feet) 1 st Step: Circle and Point 2 nd Step: Double Treble 4 th Step: Balance 6 th Step: Single Treble | Introduction: Basic (Males & Females – Bar 8 finishing on balls of both feet) 1 st Step: Circle and Point 3 rd Step: Hop and Travel 5 th Step: Double Treble (Turning) 6 th Step: Single Treble |
| HIGHLAND LADDIE | 1 st Step: Half Turn / High Cut in Front 4 th Step: Hop Heel Travel 5 th Step Alternative: Brush to Second and Travel 6 th Step Alternative: Balance and Round-the-Leg | 1 st Step: Half Turn / High Cut in Front 4 th Step Alternative: Hop Heel Travel 5 th Step Alternative: Brush to Second and Travel 6 th Step Alternative: Balance and Round-the-Leg | 1 st Step: Half Turn / High Cut in Front 4 th Step: Hop Heel Travel 5 th Step Alternative: Brush to Second and Travel 6 th Step: Balance and Round-the-Leg |
| SCOTTISH LILT | Introduction: Basic 1 st Step Alternative: Circle 3 rd Step: Assemble 4 th Step: Pas de Basque 8 th Step: Round-the-Leg | Introduction: Basic 1 st Step Alternative: Circle 3 rd Step: Assemble 5 th Step: Forward Travel 8 th Step 1 st Alternative: Round-the-Leg | Introduction: Basic 1 st Step Alternative: Circle 5 th Step: Forward Travel 6 th Step Alternative: Rocking 8 th Step 2 nd Alternative: Round-the-Leg |

Released to Professionals – 17th July 2023